

5 DAYS BEFORE SURGERY:

- Begin daily Hibiclens showers
- Hibiclens is a brand name for a liquid soap containing chlorhexidine gluconate (CHG). Do not use Hibiclens if you are allergic to it. You can get Hibiclens soap at most large pharmacies.
- Please follow these instructions for cleaning your skin using Hibiclens, beginning 5 days before your surgery:
 1. In the shower or tub, wash the body with regular soap and water first. Wash the hair as usual with your normal shampoo.
 2. Rinse the hair and body thoroughly to remove soap and shampoo residue.
 3. Apply the Hibiclens soap to your entire body only from the neck down. If your surgery is to be on the face, scalp or ears, you may use Hibiclens in those areas with caution. Do not use Hibiclens near the eyes or in the ear canals to avoid permanent injury to those areas.
 4. Turn water off to prevent rinsing off soap too soon. Wash the body gently for 2-3 minutes. Do not scrub the skin too hard. Wash thoroughly with the Hibiclens, paying special attention to the area where the surgery or procedure will be done. Do not wash with regular soap after Hibiclens is used.
 5. Turn the water back on and rinse the body thoroughly.
 6. Pat your skin dry with a clean, soft towel.
 7. You may use a non-greasy moisturizer on your skin after bathing, but not near the surgical site the day of surgery.